

THE CONVENTION ON THE RIGHTS OF THE CHILD



The Convention on the Rights of the Child describes who children are with all their rights and the resulting responsibilities of governments. All those rights are connected, they are all equally important and they cannot be taken away from children. In the following we have summarized the most important aspects of the UN Convention on the Rights of the Child into 10 (simplified) children's rights.

THE RIGHT TO EQUALITY AND FREEDOM FROM DISCRIMINATION

The Convention applies to every child. Ethnicity, sex, religion, language, abilities, origin or family background do not matter and shall not be discriminated.

THE RIGHT TO PARENTAL CARE AND NON-VIOLENT UPBRINGING

Parents are the most important people in a child's life. Every child has the right to be taken care of by their parents. Parents must never harm their children in any physical, verbal or emotional way.

THE RIGHT TO HEALTH

All children have the right of access to the best possible medical care, a healthy environment and the right to learn how to live healthy.

THE RIGHT TO SPECIAL CARE AND SUPPORT FOR CHILDREN WITH DISABILITIES

Children with mental or physical disabilities must not be disadvantaged. They have the right to special care, independence and being an active part in the community, according to their abilities.

THE RIGHT TO PLAY, RELAX AND REST

Children shall have time to be children. They shall have the possibility to organize the time in which they relax, play and have fun (for) themselves.

THE RIGHT TO PRIVACY

Children have a right to privacy which must be respected by their parents. This includes secrets as long as they do not harm the child. Parents may only intervene to protect their child.

THE RIGHT TO PROTECTION DURING WAR AND FLIGHT

Sometimes children flee their home country because of violent conflicts or war. The country they flee to must treat the children just as well as any other child. Children must not be sent back to a war zone.

THE RIGHT TO PROTECTION FROM EXPLOITATION

Children must not be forced into work that is harmful to their health or development. Their emergency, workforce or even body must not be exploited.

THE RIGHT TO FREEDOM OF EXPRESSION AND PARTICIPATION

Children have the right to have a say in all matters that affect them and to express their opinions. Children shall be able to say what they think, feel or want.

THE RIGHT TO EDUCATION

All children have the right to go to school. Talents and abilities shall be encouraged so children enjoy going to school - without fear and without pressure.

Description for parents:

“Into the future with children's rights”

LOOP Kinderhilfe, a Düsseldorf-based children's aid organization, has made it its mission to stand up for the rights of children and young people!

We want to strengthen children's rights sustainably - in families, in elementary school and in society in general.

How do we do this? With our project: [children's rights packages](#)

Our children's rights packs are aimed at children between the ages of 6 and 11 and contain a variety of worksheets, games and craft sheets on children's rights that are fun and informative for the whole family. A special focus this year is on the topic of peace and democracy to find a playful approach to this current and important topic.

